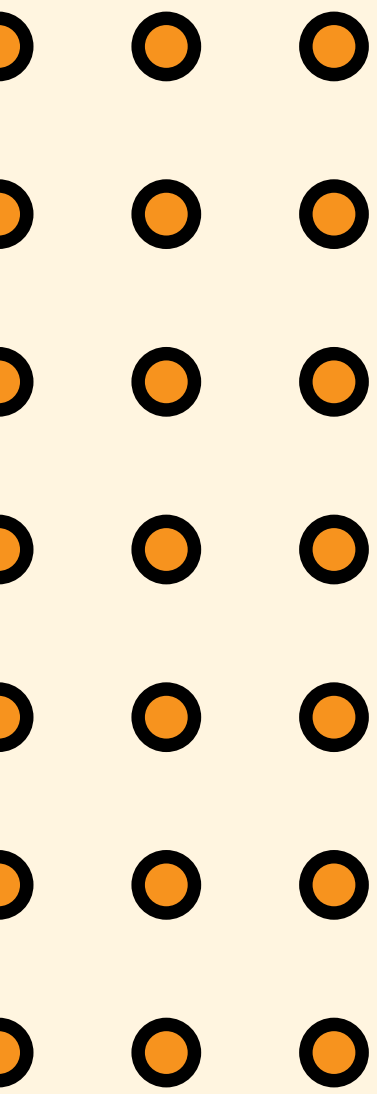
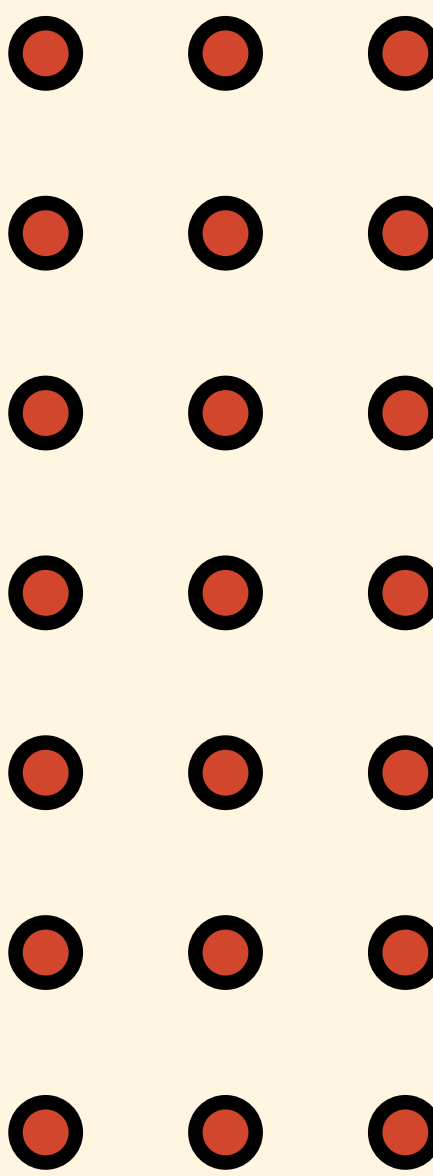


AMESBURY HIGH SCHOOL

FUTURE FRESHMAN NIGHT

WELCOME
CLASS OF
2026!



AMESBURY HIGH SCHOOL

IMPORTANT INFO

PEOPLE TO KNOW

DANIELLE RICCI

INTERIM PRINCIPAL

GLEN GEARIN

ASSISTANT PRINCIPAL/ATHLETIC DIRECTOR

ALINA LINGLEY

INTERIM ASSISTANT PRINCIPAL

SUE SAURMAN

GUIDANCE DEPARTMENT HEAD

PLACES TO FIND US

WEBSITE:

FIND THE WEEKLY BULLETIN HERE WITH UPCOMING EVENTS

[HTTPS://SCHOOLS.AMESBURYMA.GOV/DOMAIN/861](https://schools.amesburyma.gov/domain/861)

VIRTUAL OPEN HOUSE:

[HTTPS://SITES.GOOGLE.COM/AMESBURYMA.ORG/AHS-](https://sites.google.com/amesburyma.org/ahs-virtualopenhouse/home)

[VIRTUALOPENHOUSE/HOME](https://sites.google.com/amesburyma.org/ahs-virtualopenhouse/home)

SOCIAL MEDIA

FACEBOOK & INSTAGRAM

@AMESBURYHIGHSCHOOL

WHAT'S NEXT FOR MY CHILD

VIRTUAL Q&A SESSIONS

THE AHS ADMINISTRATION AND GUIDANCE DEPARTMENT WILL HOST DROP IN Q&A SESSIONS FOR FAMILIES THROUGHOUT THE YEAR. WE'LL SHARE THESE DATES AND LINKS WITH FAMILIES.

PROGRAM OF STUDIES

WE TYPICALLY LAUNCH OUR PROGRAM OF STUDIES IN JANUARY FOR STUDENTS TO BEGIN TO REVIEW.

COURSE REGISTRATION

STUDENTS REGISTER FOR HIGH SCHOOL COURSES IN MARCH. OUR GUIDANCE STAFF FACILITATES THIS.

MOVE UP DAY

STUDENTS WILL HAVE THE OPPORTUNITY TO SPEND SOME TIME AT AHS IN THE SPRING.

SUMMER TOURS/FRESHMAN ORIENTATION

WE HOST REGULAR BUILDING TOURS DURING THE SUMMER AND HAVE AN ORIENTATION FOR ALL FRESHMAN AT THE START OF THE SCHOOL YEAR.

TONIGHT'S SCHEDULE

6:00-6:15:

PRESENTATION IN THE AUDITORIUM

6:20-6:35:

ROTATION #1

6:40-6:55:

ROTATION #2

7:00-7:15:

ROTATION #3

7:20-7:35:

ROTATION #4

7:40-8:00:

FREE CHOICE

RETURN TO ANY PERSON, CLASSROOM, OR STATION THAT YOU'D LIKE!
ADMIN WILL BE IN THE AUDITORIUM FOR Q&A.

TOUR GROUPS:

STARTING LOCATIONS

A-E - LOBBY

F-K - CAFE

L-R - GYM

S-Z - LIBRARY

AMESBURY HIGH SCHOOL

CORE ACADEMICS

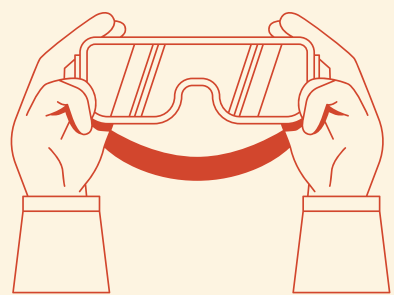


ENGLISH

Grade 9 English - 4
 Grade 9 Writing Lab - 1
 Grade 10 English - 4
 Grade 11 English - 4
 Grade 12 English - 2
Total Credits: 15

MATH

Grade 9 Math - 4 (Algebra I or Geometry)
 Grade 10 Math - 4 (Geometry or Algebra II)
 Grade 11 Math - 4 (Algebra II or Higher Math)
 Senior Year Math - 2
Total Credits: 14

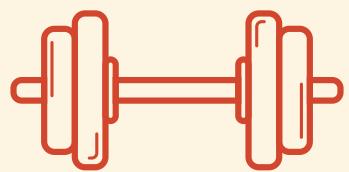


SCIENCE, TECH & ENGINEERING

Biology - 4
 Additional Lab Sciences - 8
 *See Program of Studies for lab science offerings
 Technology/Engineering - 2
Total Credits: 14

SOCIAL STUDIES

World History - 4
 American Government/US History I - 4
 US History II - 4
 Social Studies Elective - 1
Total Credits: 13



WELLNESS

Fundamentals of Physical Fitness - 1
 Additional Physical Education - 1
 Health - 1
 Nutrition - 1
Total Credits: 4

WORLD LANGUAGE

Level 1 Language - 2
 Level 2 Language - 2
Total Credits: 4



VISUAL MEDIA/PERFORMING ARTS

Choices of electives
Total Credits: 2

FINANCIAL LITERACY

Students must choose one of the following:
 Economics - 1
 Personal Finance - 1
Total Credits - 1



CREDITS REQUIRED TO GRADUATE: 84
COURSE CREDITS REQUIRED TO GRADUATE: 67
TOTAL AVAILABLE CREDITS: 96

COMMUNITY SERVICE: 60 TOTAL HOURS
(15 PER YEAR)

AMESBURY HIGH SCHOOL

ELECTIVES

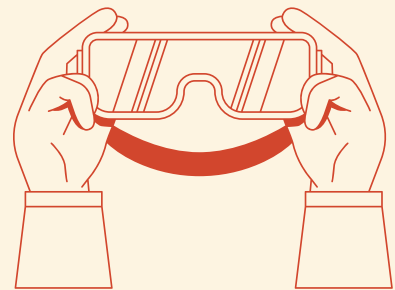


ENGLISH

- RESEARCH METHODS
- TIME FOR READING
- TEDX AMESBURY
- CREATIVE WRITING
- JOURNALISM
- EXAMINING SOCIAL INJUSTICE
- POWER OF PERSUASION
- WRITING POETRY
- MYSTERY & SUSPENSE
- FANTASY LITERATURE
- LEADERSHIP IN SPORTS
- SPORTS LITERATURE
- HEROES AND DEMONS

MATH

- PERSONAL FINANCE I & II
- HISTORY OF MATHEMATICS
- MATH AROUND YOU
- SAT PREP

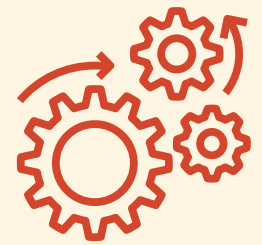


SCIENCE

- METEOROLOGY
- ASTRONOMY
- GEOLOGY
- MARINE BIOLOGY
- FORENSICS I & II
- ENVIRONMENTAL SCIENCE
- SCIENCE OF ESTIMATION
- GREEN CHEMISTRY
- GLOBAL ISSUES IN SCIENCE
- ANATOMY & PHYSIOLOGY

TECHNOLOGY/ENGINEERING

- MANUFACTURING
- CONSTRUCTION TECH I & II
- TECH DRAFTING & DESIGN I - III
- ARCHITECTURAL DRAFT & DESIGN
- INTRO TO ROBOTICS
- FUNDAMENTALS OF ENGINEERING
- APPLIED ENGINEERING
- COMPUTER SOFTWARE & APPS
- 3D COMPUTER MODELING I - III
- COMPUTER PROGRAMMING I - III
- VIDEO PRODUCTION I & II

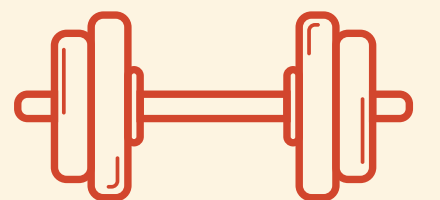


SOCIAL STUDIES

- CONTEMPORARY WORLD HISTORY
- NATIVE AMERICAN STUDIES
- HISTORY THROUGH HOLLYWOOD
- WOMEN'S STUDIES
- GLOBAL GEOGRAPHY
- CRIMINAL & CIVIL LAW
- ECONOMICS
- LEADERSHIP SEMINAR
- PSYCHOLOGY
- LOCAL CONNECTIONS
- ART HISTORY
- HOLOCAUST STUDIES

WELLNESS

- PRINCIPLES OF NUTRITION
- SPORTS NUTRITION
- PSYCHOLOGY OF EATING
- FOOD SCIENCE
- CLOTHING & TEXTILES I - III
- FOODS I & II
- FOODS OF THE WORLD
- CHILD DEVELOPMENT
- FUNDAMENTALS OF MOVEMENT
- LIFELONG SPORTS
- ZUMBA
- MINDFUL RUNNING
- YOGA & MINDFULNESS I & II
- WEIGHT TRAINING I & II
- ADVENTURE LEARNING
- ATHLETIC TRAINING
- ALLIED HEALTH



VISUAL MEDIA/PERFORMING ARTS

- BAND
- CHORUS
- PIANO LAB
- GUITAR LAB
- MUSIC THEORY
- MUSIC TECH & COMPOSITION
- MUSIC IN FILM
- THEATER I
- ADVANCED ACTING
- SMALL BUSINESS PLANNING
- MARKETING
- EVENTS MARKETING
- VISUAL MEDIA TECHNOLOGY I & II
- ADVANCED DIGITAL PHOTOGRAPHY
- DESIGN FOR BUSINESS & THE WEB
- EXPRESSIVE DESIGN
- PORTFOLIO I & II

WORLD LANGUAGE

- HISPANIC CUISINE AND CULTURE
- FRENCH CUISINE AND CULTURE
- EXPLORATION OF SPANISH LANGUAGE & CULTURE



NOTE: COURSES RUN BASED ON REGISTRATION. SOME RUN IN ALTERNATING YEARS. STUDENTS WILL BE ABLE TO REFER TO THE MOST CURRENT PROGRAM OF STUDIES TO SEE WHICH COURSES ARE AVAILABLE EACH SCHOOL YEAR. UPPER LEVEL ELECTIVES ARE OFFERED AT THE HONORS LEVEL.

AMESBURY HIGH SCHOOL

ADVANCED OFFERINGS

ADVANCED PLACEMENT COURSES

AP COURSES ARE THE HIGHEST ACADEMIC LEVEL OFFERED AT AHS. STUDENTS WHO TAKE THE AP EXAM CAN EARN A QUALIFYING SCORE THAT WILL HELP THEM TO RECEIVE COLLEGE CREDIT. WE OFFER THE FOLLOWING AP COURSES:

- CALCULUS AB
- CALCULUS BC
- STATISTICS
- CHEMISTRY
- PHYSICS
- BIOLOGY
- STUDIO ART
- LITERATURE & LANGUAGE
- US HISTORY
- PSYCHOLOGY



COLLEGE PARTNERSHIPS

WE ARE PROUD TO OFFER PARTNERSHIPS WITH SEVERAL LOCAL COLLEGES. THIS RESULTS IN SIGNIFICANTLY REDUCED RATES FOR COURSES. STUDENTS HAVE OPPORTUNITIES BOTH AT AHS AND OFF CAMPUS. OUR PARTNERS INCLUDE:

- NORTHERN ESSEX COMMUNITY COLLEGE
- SOUTHERN NEW HAMPSHIRE UNIVERSITY
- ENDICOTT COLLEGE



SENIOR PASS PROGRAM

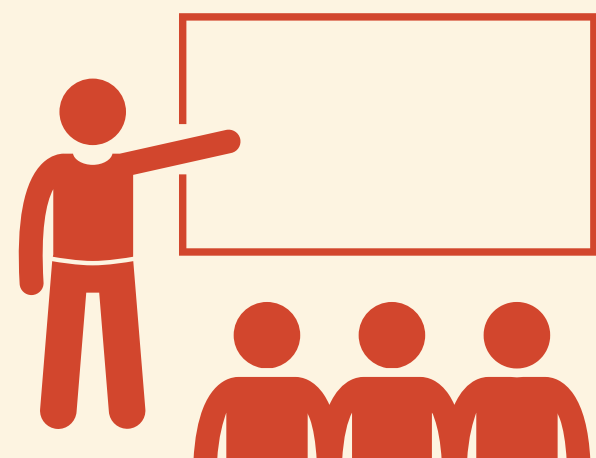
OUR SENIOR PASS PROGRAM IS OUR PLAN FOR AN ALTERNATIVE SPRING SEMESTER (PASS). THIS PROGRAM IS AN OPTION FOR SENIORS WHO HAVE COMPLETED THEIR GRADUATION REQUIREMENTS BY THE END OF THE FIRST SEMESTER OF THEIR SENIOR YEAR. STUDENTS CAN USE THEIR TIME TO:

- WORK
- INTERN
- TAKE COLLEGE COURSES
- TAKE AHS COURSES
- A COMBINATION OF THE ABOVE



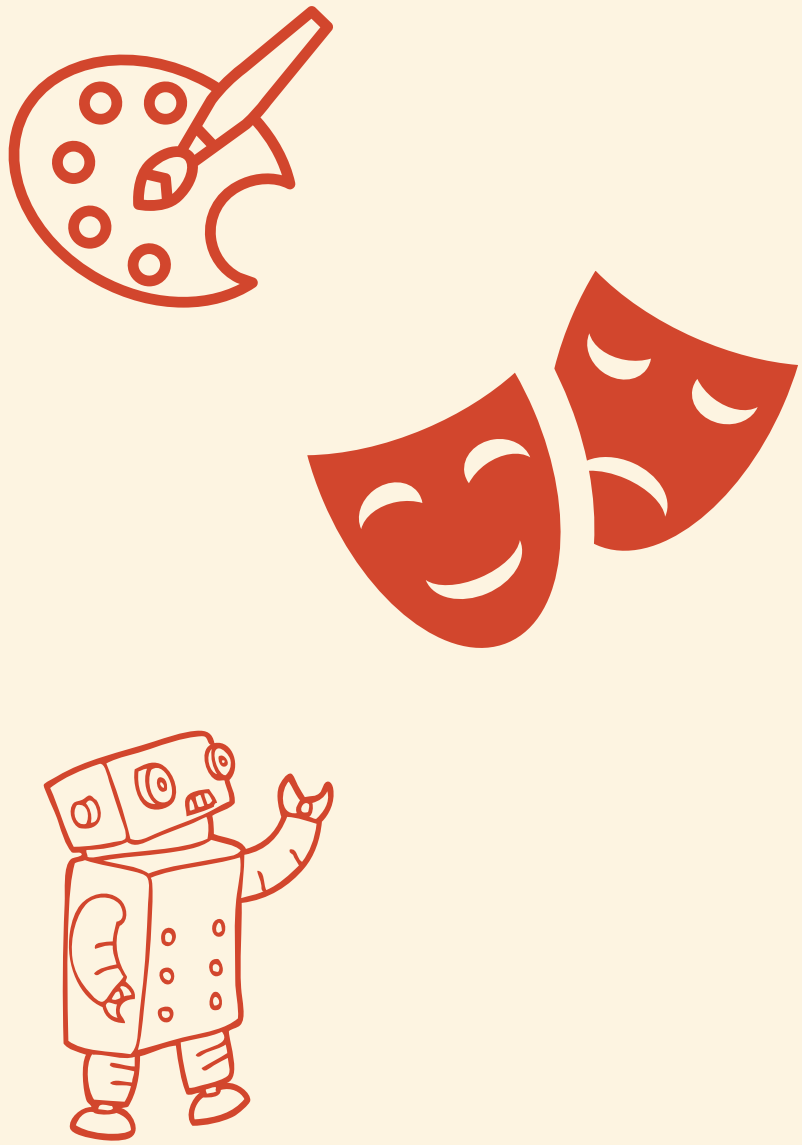
SENIOR CAPSTONE RESEARCH

ALL SENIORS PARTICIPATE IN A RESEARCH PROJECT. WHILE THIS PROJECT HAS TRADITIONALLY BEEN A LITERATURE REVIEW, STUDENTS NOW HAVE THE OPTION TO CONDUCT THEIR OWN RESEARCH. THEY WORK WITH OUR FACULTY TO COLLECT AND ANALYZE THEIR DATA AND PRESENT THEIR FINDINGS.



AMESBURY HIGH SCHOOL

COCURRICULAR OFFERINGS



CLUBS

- MATH TEAM
- MODEL UN
- MVP
- YEARBOOK
- QUIZ BOWL
- BAND
- BOOK WORMS
- ART CLUB
- DRAMA
- GAY/STRAIGHT ALLIANCE
- ROBOTICS
- LITERARY MAGAZINE
- PACT

SPORTS

- SOCCER
- FOOTBALL
- FIELD HOCKEY
- CROSS COUNTRY
- GOLF
- BASKETBALL
- INDOOR TRACK
- ICE HOCKEY
- WRESTLING
- CHEERLEADING
- LACROSSE
- OUTDOOR TRACK
- TENNIS
- BASEBALL
- SOFTBALL



HONOR SOCIETIES

- NATIONAL HONORS SOCIETY
- ENGLISH
- FOREIGN LANGUAGE
- HISTORY
- SCIENCE
- MATH
- TRIM MUSIC

STUDENT GOVERNMENT

- STUDENT COUNCIL
- CLASS OFFICE
- STUDENT ADVISORY COUNCIL

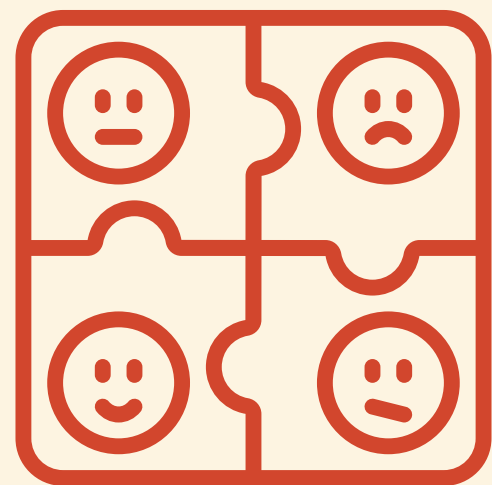


AMESBURY HIGH SCHOOL

SOCIAL EMOTIONAL SUPPORT

OVERVIEW

AT AHS, WE WORK HARD TO PROVIDE SOCIAL EMOTIONAL SUPPORT FOR OUR STUDENTS. WE DO THIS THROUGH STAFFING, PROGRAMMING, AND COMMUNITY CONNECTIONS. WE ALSO HAVE SPENT TIME WITH OUR FACULTY REVIEWING THE CASEL SOCIAL-EMOTIONAL COMPETENCIES AND EMBEDDING THEM DIRECTLY INTO OUR ACADEMIC CURRICULUM, ASSESSMENT, AND INSTRUCTION. THESE COMPETENCIES INCLUDE:



- SELF- MANAGEMENT
- SELF- AWARENESS
- RESPONSIBLE DECISION-MAKING
- RELATIONSHIP SKILLS
- SOCIAL AWARENESS

GUIDANCE TEAM

SUE SAURMAN

GUIDANCE COUNSELOR/DEPARTMENT HEAD

KERRI COEN

GUIDANCE COUNSELOR

MARY BETH EXNER

GUIDANCE COUNSELOR

RACHAEL DOBBS

SCHOOL ADJUSTMENT COUNSELOR

CARA SULLIVAN

SCHOOL ADJUSTMENT COUNSELOR

GWENDOLYN FOLEY

GUIDANCE SECRETARY



WIN BLOCK: WHAT I NEED

WIN BLOCK IS A 30 MINUTE OPPORTUNITY BLOCK THAT STUDENTS HAVE IN THEIR SCHEDULE EACH DAY. WIN BLOCK IS USED FOR MANY PURPOSES INCLUDING:

ADVISORY

EACH WEDNESDAY, STUDENTS PARTICIPATE IN OUR ADVISORY PROGRAM WHERE THEY HAVE THE OPPORTUNITY TO TALK ABOUT SOCIAL SKILLS AND BUILD RELATIONSHIPS. WE USE A CURRICULUM CALLED "CHARACTER STRONG."

EXTRA HELP

MANY STUDENTS USE THIS TIME TO GET EXTRA HELP FROM A TEACHER. THEY MAY PREPARE FOR AN ASSESSMENT, MAKE UP MISSED WORK, OR DIVE MORE DEEPLY INTO THE CONTENT. STUDENTS ALSO HAVE ACCESS TO OUR LIBRARY DURING THIS TIME.

WORKSHOPS AND MEETINGS

INSTEAD OF PULLING STUDENTS FROM CLASS, WE USE THIS BLOCK TO HOLD IMPORTANT MEETINGS AND HOST WORKSHOPS WITHOUTSIDE COMMUNITY MEMBERS.

COMMUNITY CONNECTIONS

PETTENGILL HOUSE

PGH IS OUR SOCIAL SERVICES PARTNER. A SOCIAL WORKER HOLDS OFFICE HOURS IN OUR BUILDING EACH WEEK. ATTENDS IMPORTANT MEETINGS, AND OFFERS OUTREACH.

LAHEY BEHAVIORAL HEALTH

LAHEY BEHAVIORAL PROVIDES BOTH COUNSELING SERVICES ON AHS CAMPUS AND SUPPORTS US WITH CRISIS EVALUATIONS.

SCHOOL RESOURCE OFFICER PROGRAM (SRO)

OUR DISTRICT HAS TWO SROS WHO PARTNER WITH THE SCHOOLS TO DO PREVENTION WORK AND SUPPORT SCHOOL LEADERS.

PACT

PARTNERSHIP OF AMESBURY COMMUNITY AND TEENS
PACT IS THE BRIDGE BETWEEN OUR YOUTH AND THE COMMUNITY. RECENTLY AWARDED A DRUG-FREE COMMUNITIES FEDERAL GRANT, THIS GROUP IS WORKING TO BUILD ASSETS

AMESBURY HIGH SCHOOL

EXAMPLE FRESHMAN SCHEDULE

	QUARTER ONE	QUARTER TWO	QUARTER THREE	QUARTER FOUR
BLOCK ONE	CP FRESHMAN ENGLISH	→		
BLOCK TWO	HONORS WORLD HISTORY	→		
BLOCK THREE	CP BIOLOGY	→		
BLOCK FOUR	H ALGEBRA I	→		
BLOCK FIVE	CP FRENCH I	→	WRITING LAB	FUNDAMENTALS OF MOVEMENT
BLOCK WIN	→			
BLOCK SIX	ELECTIVE CHOICE	ELECTIVE CHOICE	ELECTIVE CHOICE	ELECTIVE CHOICE



Amesbury High School Building Map

First Floor



Welcome

Mrs. Beaudoin Chemistry 246	Ms. Comeau Chemistry & Biology 244	Mrs. Alley Biology 242	Mrs. Cignetti Biology/ Forensics 240	Mr. Maloney-Perez Physics 238	Mrs. Richmond Biology 236
-----------------------------------	---	------------------------------	---	-------------------------------------	---------------------------------



stairs
to the
library/outside

Mrs. Sconce Visual Media Mac Lab 241

Publications Office 241.1

Mr. Casto Earth Science 239



elevator



stairs to the first floor



Science Wing



Mr. Miller Social Studies 234	Mr. Bastein English 232	Dr. Walsh Social Studies 230	Mr. Osgood Social Studies 228	stairs	Ms. Rivers English 226	Mrs. Fuller Social Studies 224	Ms. Murphy Foreign Language 222	Mrs. Burrell Foreign Language 220
-------------------------------------	-------------------------------	------------------------------------	-------------------------------------	--------	------------------------------	--------------------------------------	--	--

Ms. Bailin Special Education 233	Mr. Jancewicz Psychology *Double Room 229/31	Ms. MacCall French/ Spanish 227	teacher's room	stairs to the first floor	Mr. Dennin History 223	Mr. Brandwein Social Studies 221
--	---	--	-------------------	---------------------------	------------------------------	--



Humanities Wing



AHS Second Floor